MILPERSMAN 1050-200

REST AND RECUPERATION ON LEAVE

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Governing	DOD Directive 1327.5 of 24 Sept 85
Directive	DOD Directive 1327.5 Or 24 Sept 85

1. What Is R&R?

- a. R&R is granted in conjunction with rest and recuperation program established:
- (1) in areas designated for imminent danger or hostile fire pay, and
- (2) when operational military considerations preclude the full execution of ordinary annual leave programs.
- b. Leave granted in connection with authorized R&R programs is chargeable to the member's leave account.
- 2. How R&R Is Established. R&R leave program must be established with the approval of the Office of the Secretary of Defense (OSD) to aid in meeting the aims of the leave and liberty programs in combat areas.
- 3. What Criteria and Restraints Apply. When establishing R&R programs, the following criteria and restraints must be included:
- a. The area must be an area designated for imminent danger of hostile fire pay.
 - b. Tours of duty in the area must be unaccompanied tours.

- c. Ordinary annual leave programs must have been restricted for reasons of military necessity.
- d. The area must be an area in which entry of personnel on official or unofficial travel is controlled.
- e. Transportation to and from R&R areas is to be provided on a space-required basis, and travel time shall not be charged to the member's leave account.
 - f. R&R periods must be limited to one per 12 month period.
- g. The program must include provisions to prevent the combination of R&R leave with
 - (1) liberty,
 - (2) administrative absences, and
 - (3) temporary duty or travel for other purposes.